

**2007 LAKE ERIE ASSOCIATION
JUNIOR OLYMPIC
CROSS COUNTRY INFORMATION**
THE ONLY NATIONAL JUNIOR OLYMPICS IN THE UNITED STATES
RUN WITH THE BEST

Lake Erie Association consists of the following counties: Erie, Huron, Richland, Lorain, Ashland, Geauga, Cuyahoga, Lake, Medina, Summit, Wayne, Holmes, Stark, Tuscarawas, Harrison, Jefferson, Carroll, Columbiana, Mahoning, Portage, Trumbull and Ashtabula.

Lake Erie Association is part of Region V, which consists of the following: Lake Erie, Ohio, West Virginia, Kentucky and Michigan.

A National championship series consists of Association Championships, Regional Championships and a National Championship. Athletes advance on the basis of performance. National championships attract more than 2500 athletes.

AGE DIVISION	YEAR OF BIRTH	DISTANCE
Bantam Girls	Born 1997 or later	3,000 meters
Bantam Boys	Born 1997 or later	3,000 meters
Midget Girls	Born 1996-1997	3,000 meters
Midget Boys	Born 1995-1996	3,000 meters
Youth Girls	Born 1993-1994	4,000 meters
Youth Boys	Born 1993-1994	4,000 meters
Intermediate Girls	Born 1991-1992	5,000 meters
Intermediate Boys	Born 1991-1992	5,000 meters
Young Women	Born 1989-1990	5,000 meters
Young Men	Born 1988-1990	5,000 meters

The Association meet will be held on Saturday November 10, 2007 . Registration will begin at 9:00AM. The meet will begin at 10:00AM., starting with the oldest age group. We encourage early Registration. You may do this by mail to: Larry Seifert, 8280 Craigeigh Dr., Parma Ohio 44129, by Fax 440-842-2142. Entry forms are available on the lakeerie.org web site, or you may request one by phone at 440-842-2142.

The entry fee is \$5.00 per athlete. There is no additional entry fee for teams. Teams must consist of at least five, but no more than eight runners. Teams must be registered USATF clubs. All athletes must have a USATF membership card. Please bring a copy of your birth certificate or your past years membership card with the certification of birth stamp on it.

The meet will take place at Lorain County Community College, located at 1005 Abbe Road North, Elyria, Ohio. Take I 480 West to Route 10 West & exit at Elyria Route 57-301 North on 301 Approximately 5.5 miles. The college will be on your right. Or take I-90 West to Exit 148 turn left go ½ mile turn right on 301, college on left.

The top 25 finishers (top 5 teams) in each division qualify for the Region V meet on November 17, 2007 at Clark State Community College, Springfield Ohio. The top 20 finishers (top 3 teams) in each division of the Region V meet qualify for the USATF National Junior Olympic Cross Country Championship On December 14, 2007 in Lawrence, Kansas.

